

Utilisation of Mental Health Beds for Halton residents

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What we commission

Beds:

- 10,220 Adult MH beds days (28 beds) (Mersey Care)
- 280 MH PICU bed days (0.75 bed) (Mersey Care)
- 4380 older adult bed days (Mersey Care)
- 10 Adult MH rehabilitation beds across Halton and Warrington (Alternative Futures).

Admission avoidance services:

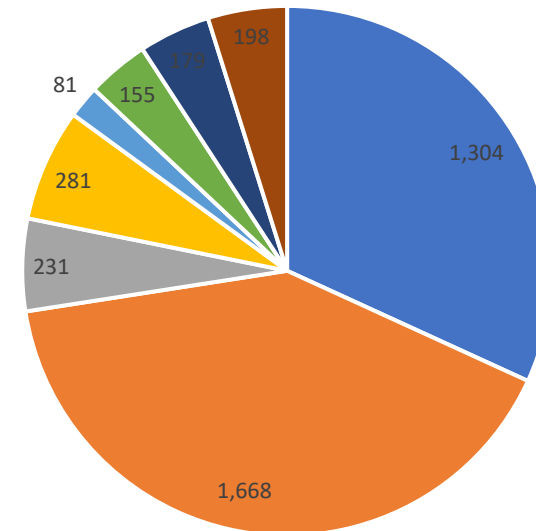
- Care Home liaison service to provide support to care homes to meet the needs of older adults with mental illness and dementia and reduce need for hospital admission.
- Home Treatment team to provide intensive home support to manage Adults mental health in the community and prevent admission/readmission to hospital. The service is 24/7, 7 days per week, 365 days per year.
- Personality disorder service to work with patients with complex and severe PD, reducing hospital admission and preventing need for any out of area admissions.

Adult Mental Health beds

Bed utilisation (Apr-Nov 2023)

- 72 Halton admissions to Mersey Care Adult in-patient beds
- 80 Halton discharges from Mersey Care Adult in-patient beds
- Average length of stay 58.6 days.
- 4097 Adult MH occupied bed days (proportion by ward shown in pie chart)

April -Nov 23 Occupied bed days per Mersey Care Adult MH ward



- Bridge Ward (Runcorn male)
- Weaver Ward (Runcorn female)
- Austen Ward (Warrington male)
- Sheridan Ward (Warrington female)
- Taylor Ward (St Helens male)
- Iris ward (St Helens female)
- Coniston Ward (Knowsley male)
- Grasmere Ward (Knowsley female)

Out of Area Placements

- Apr -Nov 23 – 0 Out of Area Mental Health hospital bed placements
- As at Jan 24 there are 4 community out of area placements (2 females are due to be repatriated to Halton when their house is ready; 1 is returning to Mersey Care for assessment due to relapse; 1 is moving to another out of area placement)

Older Adult Mental Health beds

Bed utilisation (Apr-Nov 2023)

- Care Home liaison team received 66 referrals. 11 patients were admitted to a Mersey Care Mental Health bed
- There were 0 readmissions.
- There were 8 admissions to Mersey Care older peoples beds (7 Kingsley (Warrington), 1 Rydal (St Helens)).

Challenges

- Apr-Nov 23 12.86% (762/5927) bed days were for patients awaiting discharge.
- At 2 Jan 24 – 3 Halton older adults with delayed discharge
- Delayed discharges generally due to time needed to find and put in place suitable community provision to enable patient to be discharged (e.g. additional staff may be required).
- Most delayed discharges relate to older adult placements.
- Mersey Care leads bi-weekly mental health capacity and flow meetings with reps from Halton Continuing Health Care team and Adult Social Care to support with delayed discharges.
- HBC have flagged via the care home group that care homes are struggling with challenging behaviour. There has been an increase in the requests to Halton CHC team for 1:1 support.